



# COGNITIVE COACHING SEMINAR<sup>®</sup>

## YOU'LL LEARN TO...

### Become A Genuine Catalyst In Empowering Other Educators

Are you facing obstacles in helping other teachers and educators become more self-directed in their work? Or in coaching them through complex issues around their own teaching or learning? Perhaps, given that teaching is such a complex intellectual activity, you'd just like to get access to more tools, skills and maps that will make it easier for you to help others become more successful. If any of these challenges sound familiar, the eight-day premier coaching program Cognitive Coaching<sup>SM</sup> will help you build the skills to help others transform their thinking. Pioneered by two thought leaders of the educational world, Art Costa and Bob Garmston, this in-depth program has been transforming the professional and personal lives of educators around the globe for over 30 years. During the Cognitive Coaching Seminars<sup>®</sup>, you'll be provided with the maps, tools and skills to work with others to help them become more engaged, resourceful and self-directed in their work. Put simply, you'll help people to build their capacity to be truly self-directed in their own work and their work with others.

This highly practical and engaging eight-day seminar is usually conducted over a 12 to 24-month period and can be delivered in flexible formats depending on your needs.

#### IMPROVE RELATIONSHIPS

Develop trust and rapport with your colleagues.

#### SHIFT THE WAY YOU SEE YOURSELF

Improve your own identity as a mediator of thinking.

#### SPEAK WITH PURPOSE

Utilise conversational structures for planning, reflecting and problem-solving

#### HELP OTHERS TAKE CHARGE

Develop teachers' autonomy and sense of community.

#### BE DATA-DRIVEN

We'll help you pinpoint how data is collected and used, so you can have powerful conversations for maximum impact.

#### INSPIRE SUCCESS

Use tools, new skills and roadmaps to help others thrive.

# Program Outcomes:

## Day 1:

- Understanding of the essence of Cognitive Coaching<sup>SM</sup>
- Increased consciousness and craftsmanship in applying interpersonal communication skills to develop trust and rapport
- Understanding of the power of a structured professional conversation
- Understanding of Cognitive Coaching<sup>SM</sup> as one of four support functions

## Day 2:

- Internalised Planning Conversation Map
- Expanded and refined skills and repertoire of coaching behaviours (pausing, paraphrasing)
- Understanding of capabilities for refining coaching

## Day 3:

- Understanding of the Reflecting Conversation
- Increased automaticity with the essential coaching pattern of pausing, paraphrasing and posing questions
- Increased consciousness and skills in asking mediative questions

## Day 4:

- Internalised Reflecting Conversation Map
- Awareness of how to navigate support functions
- Understanding of the role of data in mediating thinking

## Day 5:

- Integration of the maps and tools of Cognitive Coaching<sup>SM</sup>
- Flexibility in coaching for human uniqueness

## Day 6:

- Detection and mediation of cognitive shift
- Refined mediation skills and coaching capabilities
- Extended coaching skills to mediate self-directed learning in others when they are struggling with a problem

## Day 7:

- Fluency with the tool cluster of pacing
- Enhanced personal acuity, ways of attending, listening and responding
- Refined coaching skills in crafting mediative questions

## Day 8:

- Internalised Problem-Resolving Map
- Fluency with the tool cluster of leading
- Integrated maps and tools of Cognitive Coaching<sup>SM</sup>

## What others have said about the program...

The Cognitive Coaching<sup>SM</sup> course was without doubt one of the best professional learning opportunities of my career. I would encourage leaders in our schools to consider this as an essential course for their professional development. The course was well structured with helpful strategies and real applications that could be put into practice. It developed a mindset of coaching which sits in a companion model, that is sitting alongside and supporting others in their formation and daily work, rather than just performance management. The eight-day course was packed with practical and interactive activities, superbly led by our facilitator.

School Leader - Adelaide

Catholic Education South Australia have been engaging with Gavin Grift and Cognitive Coaching<sup>SM</sup> for over 6 years now. In that time over 100 of our school leaders have successfully participated in the 8 days of Professional Learning. It has transformed the way our leaders go about their school business. It has built leadership density in our schools and has generated significant change through critical dialogue. Cognitive Coaching<sup>SM</sup> has provided our leaders with strategies and ways of thinking and working with the potential to improve learning outcomes for all. An exceptional 8 days of rigorous learning. It's brilliant!"

Senior Education Adviser, CESA



Gavin Grift is the Founder and CEO of Grift Education. Gavin's passion, commitment, humour and highly engaging style have made him one of Australia's most in-demand presenters. Through his keynotes, seminars, and coaching services, Gavin connects with national and international audiences on how to cultivate authentic collaboration, build success in others and genuinely commit to reflective practice.

His belief in the development of defined professional autonomy for educators both challenge and connect the head and heart of his audiences. Having taught in schools and coached educators for over 25 years, Gavin understands the specific challenges teachers face. He is one of Thinking Collaborative's most respected Cognitive Coaching Trainers having delivered the Cognitive Coaching Seminar<sup>®</sup> for the past ten years, working in three continents. He has used his passion and belief in what teachers do to design Relational Intelligence Program to focus on educators who are feeling frustrated, burnt out and overwhelmed, or who are struggling to overcome a roadblock which has left them or a colleague feeling apathetic about their career.


As a leading Hawker Brownlow Education author he has combined his beliefs, research and experiences on the importance of collaboration and coaching to co-author numerous books including, Teachers as Architects of Learning, Transformative Talk, Transformative Collaboration and Five Ways of Being.

**"Because who you think you are, shapes what you do and how you do it."**

- Gavin Grift

Contact us to transform how you think and work.

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